

Third Sunday in Lent

March 8, 2026

8:00 AM



ST RICHARD'S
Episcopal Church

Welcome to St. Richard's! We are so glad you're here!

For more information about worshipping with us and receiving Communion, please see the last page of this order of service.

Holy Eucharist - Rite I

The Word of God

BCP = Book of Common Prayer (red book)

Celebrant Bless the Lord who forgiveth all our sins.
People **His mercy endureth for ever.**

Celebrant Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Decalogue

BCP, p. 317

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

Lord, have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord, have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Celebrant Let us humbly confess our sins unto Almighty God.

People **Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,**

**and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.**

Celebrant The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

The Kyrie

Leader: Lord, have mercy upon us.

People: **Christ, have mercy upon us.**

Leader: Lord, have mercy upon us.

The Collect of the Day

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons *The people may be seated*

The First Reading

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 95

1 Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

3 For the Lord is a great God, *

and a great King above all gods.

- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- 7 For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts, as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts; they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

The Second Reading

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Leader The Word of the Lord.

People **Thanks be to God.**

The Gospel

John 4:5-42

Leader The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory be to thee, O Lord.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The

woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Celebrant The Gospel of the Lord.
People **Praise be to thee, O Christ.**

The Sermon

Nicene Creed

BCP, p. 327

**I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;**

**and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.**

**And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped
and glorified;
who spake by the Prophets.
And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Please stand or kneel, as you are able.

BCP, p. 328

Leader Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, especially Sarah, our Archbishop; Sean, our Presiding Bishop; Andy, Jeff, Hector, Kai, and Brian, our Bishops; and Jerry, our deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald, our President, the Congress and Courts, Greg, our Governor, and Craig, our Mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Look graciously on your Church and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness or any other adversity; especially those on our parish prayer list listed in the printed newsletter in the order of service. We also pray for those the congregation wishes to name at this time, either aloud or in the silence of our hearts, and those impacted by the conflict around the world.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially Henry Burden and those the congregation wishes to name at this time, either aloud or in the silence of our hearts, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of blessed Richard and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

The Peace

The Celebrant invites all to stand as they are able.

BCP, p. 332

Celebrant The peace of the Lord be always with you.

People **And with thy spirit**

Please greet one another in the name of the Lord.

Announcements

The Holy Communion

*Offertory plates are located in the back of the Nave. You may contribute before or after the service, or give online via text (text 73256, with the message: **strichard** – please note: no “s” or caps). You may also give via the QR code in the printed newsletter insert.*

As the gifts are received at the altar, the celebrant and congregation give thanks, saying:

Celebrant All things come of thee, O Lord,
People **And of thine own have we given thee.**

The Great Thanksgiving

Eucharistic Prayer I

BCP, p. 333

Celebrant The Lord be with you.
People **And with thy spirit.**
Celebrant Lift up your hearts.
People **We lift them up unto the Lord.**
Celebrant Let us give thanks unto our Lord God.
People **It is meet and right so to do.**
Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.
Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Celebrant and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

The people kneel or stand while the prayers continue, concluding with,

Celebrant By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end.
People **AMEN.**
Celebrant And now, as our Savior Christ hath taught us, we are bold to say,
People **Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

BCP, p. 337

Celebrant Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast.**
Celebrant O Lamb of God, that takest away the sins of the world,
People **have mercy upon us.**

Celebrant O Lamb of God, that takest away the sins of the world,
People **have mercy upon us.**
Celebrant O Lamb of God, that takest away the sins of the world,
People **grant us thy peace.**

The Prayer of Humble Access

People **We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All baptized Christians are invited to come forward and receive the Sacrament at the Lord's Table.
(Gluten-free wafers are available; please make your need known to the Celebrant).*

Celebrant Let us pray.

People **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

The Solemn Prayer

Celebrant Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

People **Amen.**

The Dismissal

Celebrant Let us go forth in the name of Christ.

People **Thanks be to God.**

Notes About Receiving Communion:

In the Episcopal Church, all who have been baptized with water in the name of God the Father, Son, and Holy Spirit are welcome to receive Communion, no matter in which Christian denomination you may have originally been baptized. You may receive Communion either standing or kneeling. If you do not want to receive Communion, you are welcome at the altar rail for a blessing or prayer by one of the clergy. To indicate you would like a blessing or prayer, simply cross your arms over your chest as you kneel or stand at the rail. To receive the wafer, place one open hand over the other and the wafer will be placed in your palm. We also have gluten-free wafers for those who require one. To receive the wine, please help the chalice bearer guide the cup to your lips. If you prefer to intinct (dip the wafer in the wine), please hold the wafer in your hands until the chalice bearer comes to you. It is perfectly fine to receive only the bread (wafer). If you do not wish to receive the wine, please cross your arms over your chest or return to your seat after consuming your wafer.

Saint Richard's Clergy, Staff, and Leadership

The Rev. Jerry Lyle, Deacon

Sara Burden-McClure, Director of Music - sara@saintrichards.org

Spencer Stocker, Youth Minister - sstocker@saintrichards.org

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St. Richard's Online

Website: www.saintrichards.org

Instagram: @saintrichardschurch

Facebook: [saintrichardsepiscopalchurch](https://www.facebook.com/saintrichardsepiscopalchurch)

YouTube: St. Richard's Live

Podcast: Take St. Richard's on the go! Check out our podcast, Day by Day with St. Richard's, available on all major platforms, where you can find sermon audio and other resources for spiritual growth.

The mission of the Episcopal Church is to restore all people to unity with God and each other in Christ. We pursue this mission by praying and worshiping, proclaiming the Gospel, and promoting justice, peace, and love. We carry out this mission through the ministry of all our members— from the youngest to the oldest, and everyone in between.



ST RICHARD'S
Episcopal Church

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